



2016 UPDATES AND NEW LESSONS

<http://www.k12.wa.us/SecondaryEducation/CareerCollegeReadiness/default.aspx>

CAREER GUIDANCE WASHINGTON INTRODUCTION

The purpose of the 2016 version of Career Guidance Washington is to:

- ▶ Provide an easy-to-use readily accessible curriculum map and set of lessons for each grade level.
- ▶ Expand the available number of lessons per grade level so schools can choose from numerous options. All lessons are in Word for local schools to make adaptations.
- ▶ Reflect changes in 24-Credit Career- and College-Ready Diploma and college admissions.
- ▶ Modernize activities and terminology to reflect current research and policy changes.
- ▶ Emphasize the importance of the High School and Beyond Plan including the Personalized Pathway Requirement for the 24-Credit Career- and College-Ready Diploma (Class of 2019 and Beyond).

CAREER GUIDANCE WASHINGTON THEMES

What makes a student college and career ready? Career Guidance Washington addresses 8 themes important to a college and career ready student:

- ▶ Career and College Development
- ▶ Ownership of Learning
- ▶ Transition Skills
- ▶ Learning Techniques
- ▶ Metacognitive Skills
- ▶ Academic Eligibility/Academic Acceleration
- ▶ High School and Beyond Plan
- ▶ Financial Literacy

USING THIS CURRICULUM

The design was intended to create a plug-and-play option to adapt the curriculum map for local needs:

- ▶ Adapting for calendar
- ▶ Adapting for student-led conferences
- ▶ Adapting to meet the needs of local student demographics
- ▶ All lessons under copyright



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GRADE 6

#	Lesson Title	Theme
1	What is Career Guidance Washington?	<i>Career and College Development</i>
2	Welcome to Middle School	<i>Ownership of Learning</i>
3	Succeeding in Middle School	<i>Ownership of Learning</i>
4	Sharpening My Skills	<i>Ownership of Learning</i>
5	Time Management	<i>Learning Techniques</i>
6	Note-Taking from Assigned Reading	<i>Learning Techniques</i>
7	Effective Test Preparation	<i>Learning Techniques</i>
8	My Bucket List of Careers	<i>Career and College Development</i>
9	The Wide World of Careers	<i>Career and College Development</i>
10	Academic Progress Review	<i>Academic Eligibility</i>
11	Who Will I Be in the Future	<i>Career and College Development</i>
12	Career Interest Survey	<i>Career and College Development</i>
13	Six Steps to Success	<i>Career and College Development</i>
14	Learning About High School	<i>Middle School and Beyond Plan</i>
15	Income, Savings and Spending	<i>Transition Skills</i>
16	Jobs, Occupations and Careers	<i>Career and College Development</i>
17	Reasons for College	<i>Transition Skills</i>
18	Student-Led Conference Prep I	<i>Ownership of Learning</i>
19	Student-Led Conference Prep II	<i>Ownership of Learning</i>
20	Student-Led Conferences – How Did I Do?	<i>Ownership of Learning</i>
21	Explore Apprenticeship	<i>Career and College Development</i>
22	Career Pathways	<i>Career and College Development</i>
23	Exploring Subject Area Course Options	<i>High School and Beyond Plan</i>
24	Creating a Safe Space for Learning	<i>Ownership of Learning</i>
25	Voices of Doubt	<i>Metacognitive Skills</i>
26	Summer Goals	<i>Ownership of Learning</i>
27	Earning a Living	<i>Financial Literacy</i>
28	Target Skills	<i>Ownership of Learning</i>
29	My Voice	<i>Metacognitive Skills</i>

GRADE 7

#	Lesson Title	Theme
1	Where Am I Going in 7th Grade?	<i>Ownership of Learning</i>
2	Personal Interests	<i>Career and College Development</i>
3	Personal Skills	<i>Ownership of Learning</i>
4	Knowing Yourself: What Are Your Strengths and Interests?	<i>Career and College Development</i>
5	Time Management	<i>Learning Techniques</i>
6	Managing Multiple Choice Questions	<i>Learning Techniques</i>
7	Asking for Help	<i>Learning Techniques</i>
8	High School Courses	<i>High School and Beyond Plan</i>
9	My Story	<i>Metacognitive Skills</i>
10	After-Graduation Path	<i>Career and College Development</i>
11	Academic Progress Review	<i>Academic Eligibility</i>
12	College Bound Scholarship (and PowerPoint Presentation)	<i>Transition Skills</i>
13	Keeping Your Options Open	<i>Career and College Development</i>
14	Preparing for High School (and PowerPoint Presentation)	<i>Middle School and Beyond Plan</i>
15	Future Possibilities	<i>Career and College Development</i>
16	You Don't Say Career Game	<i>Career and College Development</i>
17	Occupations Scavenger Hunt	<i>Career and College Development</i>
18	Preparing for Student-led Conferences I	<i>Ownership of Learning</i>
19	Preparing for Student-led Conferences II	<i>Ownership of Learning</i>
20	Student-led Conferences - How Did I Do?	<i>Ownership of Learning</i>
21	Banking and Personal Credit	<i>Financial Literacy</i>
22	GET College Savings	<i>Financial Literacy</i>
23	Note-taking Skills for Lecture	<i>Learning Techniques</i>
24	Conflict	<i>Metacognitive Skills</i>
25	Summer Plans and Projects	<i>Ownership of Learning</i>
26	Green Jobs	<i>Career and College Development</i>
27	School Connections to Work and Career	<i>Career and College Development</i>
28	Doors to College	<i>Career and College Development</i>
29	Career and Technical Options	<i>Career and College Development</i>

GRADE 8

#	Lesson Title	Theme
1	Where Did I Come From and Where Will I Go?	<i>Ownership of Learning</i>
2	Building Personal Interests	<i>Career and College Development</i>
3	My High School Plan	<i>Transition Skills</i>
4	Where Does Time Go?	<i>Learning Techniques</i>
5	Introduction to STEM (and PowerPoint Presentation)	<i>Career and College Development</i>
6	My High School Plan	<i>Transition Skills</i>
7	Test Management	<i>Learning Techniques</i>
8	High School and Beyond Planning	<i>High School and Beyond</i>
9	High School Course Requirements (and PowerPoint Presentation)	<i>Transition Skills</i>
10	Academic Progress Review	<i>Academic Eligibility</i>
11	Why Do I Want to Go to College?	<i>Career and College Development</i>
12	Role Models	<i>Transition Skills</i>
13	Cost of College (and PowerPoint Presentation)	<i>Transition Skills</i>
14	Postsecondary Admissions	<i>Career and College Development</i>
15	Off-Track	<i>Transition Skills</i>
16	Identifying Leadership Traits	<i>Transition Skills</i>
17	Transitioning to High School	<i>Transition Skills</i>
18	Preparing for Student-led Conference I	<i>Ownership of Learning</i>
19	Preparing for Student-led Conference II	<i>Ownership of Learning</i>
20	Student-led Conference Review	<i>Ownership of Learning</i>
21	Fulfilling Requirements in 8th Grade	<i>Academic Eligibility</i>
22	Building a Strong Transcript in 8th Grade	<i>Academic Eligibility</i>
23	Starting the College Search in 8th Grade	<i>Transition Skills</i>
24	Learning to Use Money in 8th Grade: Managing Money	<i>Financial Literacy</i>
25	Different Ways to Pay for College	<i>Financial Literacy</i>
26	Note-taking: Paraphrasing	<i>Learning Techniques</i>
27	High School & Effective Listening	<i>Transition Skills</i>
28	Identifying Issues, Emotions and Interests in Relationship	<i>Metacognitive Skills</i>
29	YOU are the Employer!	<i>Career and College Development</i>

GRADE 9

#	Lesson Title	Theme
1	Where Am I Going in 9 th Grade?	Ownership of Learning
2	Study Like Your Hair's on Fire	Learning Techniques
3	Becoming Work Ready	Career and College Development
4	School and Community Activities	Transition Skills
5	Developing a Growth Mindset	Metacognitive Skills
6	Map Your Future	Career and College Development
7	Test Attack Skills	Learning Techniques
8	Voices of Doubt	Metacognitive Skills
9	High School & Beyond Plan	High School and Beyond Plan
10	Course Registration I: Credit Check	Academic Eligibility
11	Course Registration II: Finalizing Next Year	Academic Eligibility
12	Academic Progress Review (Mid-Year Update)	Ownership of Learning
13	Role Models from My Culture	Metacognitive Skills
14	Career Clusters	Career and College Development
15	Stick With It	Ownership of Learning
16	Career Focus	Career and College Development
17	Hear Us Out	Metacognitive Skills
18	Analyzing Earning Power	Transition Skills
19	Preparing for Student-Led Conferences I	Ownership of Learning
20	Preparing for Student-Led Conferences II	Ownership of Learning
21	Fulfilling Requirements in 9 th Grade: High School Graduation Requirements	Academic Eligibility
22	Building a Strong Transcript in 9 th Grade	Academic Eligibility
23	Conducting the College Search in 9 th Grade: Benefits to Family	Transition Skills
24	Learning to Use Money in 9 th Grade: Money Management	Financial Literacy
25	Budgeting	Financial Literacy
26	Creating a Safe Space	Metacognitive Skills
27	School Involvement	Ownership of Learning
28	Entry Exams	Transition Skills
29	My Target Skills	Ownership of Learning
30	Summertime: An Opportunity	Ownership of Learning

GRADE 10

#	Lesson Title	Theme
1	Where Am I Going in 10th Grade?	<i>Ownership of Learning</i>
2	Defining College and Career "Prep"	<i>Career and College Development</i>
3	After-Graduation Planning	<i>Career and College Development</i>
4	Defining Me: Leadership	<i>Metacognitive Skills</i>
5	Studying is a Team Sport	<i>Learning Techniques</i>
6	Test Preparation	<i>Learning Techniques</i>
7	Introduction to Program of Study	<i>Career and College Development</i>
8	Mapping Career and College Requirements	<i>Academic Eligibility</i>
9	High School & Beyond Plan	<i>High School and Beyond Plan</i>
10	Course Registration	<i>Academic Eligibility</i>
11	Work Samples and Reflection	<i>Ownership of Learning</i>
12	Academic Progress Review	<i>High School and Beyond Plan</i>
13	Understanding Self-doubt	<i>Ownership of Learning</i>
14	Planning for Summer	<i>Academic Eligibility</i>
15	Defining Credentials	<i>Career and College Development</i>
16	Why Go to College?	<i>Career and College Development</i>
17	Leveraging Strengths and Removing Barriers	<i>Ownership of Learning</i>
18	Paying for College: TheWashBoard.org	<i>Transition Skills</i>
19	Preparing for Student-Led Conferences I	<i>Ownership of Learning</i>
20	Preparing for Student-Led Conferences II	<i>Ownership of Learning</i>
21	Fulfilling Requirements in 10th Grade	<i>Academic Eligibility</i>
22	Building a Strong Transcript in 10th Grade	<i>Academic Eligibility</i>
23	Conducting the College Search in 10th Grade	<i>Transition Skills</i>
24	Learning to Use Money in 10th Grade	<i>Financial Literacy</i>
25	Purchasing	<i>Financial Literacy</i>
26	Savings and Banking	<i>Financial Literacy</i>
27	Dropping Out or Staying In	<i>Transition Skills</i>
28	Recreation, Leisure and Volunteerism	<i>Transition Skills</i>
29	My Story	<i>Metacognitive Skills</i>
30	Lessons on Leadership from a Dancing Guy	<i>Metacognitive Skills</i>

GRADE 11

#	Lesson Title	Theme
1	Where Am I Going in 11th Grade?	<i>Ownership of Learning</i>
2	Study Like Your Hair's on Fire	<i>Learning Techniques</i>
3	Junior-Senior Calendar	<i>Transition Skills</i>
4	Personal Character Traits	<i>Metacognitive Skills</i>
5	Balanced Career/Life Planning	<i>Career and College Development</i>
6	College Searches	<i>Career and College Development</i>
7	SAT and Act Strategies	<i>Learning Techniques</i>
8	Postsecondary Admission Requirements/Credit Check	<i>Academic Eligibility</i>
9	High School & Beyond Plan	<i>High School and Beyond Plan</i>
10	Course Registration	<i>Academic Eligibility</i>
11	Work Sample Selection and Reflection	<i>Ownership of Learning</i>
12	Academic Progress Review	<i>Ownership of Learning</i>
13	College Inquiries	<i>Career and College Development</i>
14	More Career Options Than You Can Imagine (Career Bridge)	<i>Career and College Development</i>
15	Postsecondary Application	<i>Transition Skills</i>
16	Preparing for the College Application Essay	<i>Academic Eligibility</i>
17	Financial Aid Fundamentals	<i>Transition Skills</i>
18	An Investment in the Future	<i>Transition Skills</i>
19	Preparing for Student-Led Conferences I	<i>Ownership of Learning</i>
20	Preparing for Student-Led Conferences II	<i>Ownership of Learning</i>
21	Fulfilling Requirements in 11th Grade	<i>Academic Eligibility</i>
22	Building a Strong Transcript in 11th Grade	<i>Academic Eligibility</i>
23	Conducting the College Search in 11th Grade	<i>Transition Skills</i>
24	Learning to Use Money in 11th Grade	<i>Financial Literacy</i>
25	Purchasing with Credit	<i>Financial Literacy</i>
26	Investment	<i>Financial Literacy</i>
27	The Labor Market	<i>Financial Literacy</i>
28	The FAFSA Process: Actions and Timing	<i>Financial Literacy</i>
29	Dealing with Conflict	<i>Metacognitive Skills</i>
30	Talking with Your Family About College	<i>Ownership of Learning</i>

GRADE 12

#	Lesson Title	Theme
1	Where Am I Going in 12th Grade?	<i>Ownership of Learning</i>
2	What Does it Take?	<i>Career and College Development</i>
3	Stress, Drama and Your Senior Year	<i>Metacognitive Skills</i>
4	The FAFSA Process: It's Not Just the Application	<i>Financial Literacy</i>
5	College and Career Readiness	<i>Career and College Development</i>
6	Completing a College Application	<i>Transition Skills</i>
7	The FAFSA Process: Preparing to Complete a FAFSA	<i>Transition Skills</i>
8	Postsecondary Admission Requirements/Credit Check	<i>Academic Eligibility</i>
9	High School & Beyond Plan	<i>High School and Beyond Plan</i>
10	Admissions Essay	<i>Transition Skills</i>
11	Seeking Out Role Models and Mentors	<i>Metacognitive Skills</i>
12	Academic Progress Review	<i>Ownership of Learning</i>
13	Exploring High Growth Occupations	<i>Career and College Development</i>
14	Professional Interviews	<i>Career and College Development</i>
15	Variable Futures	<i>Ownership of Learning</i>
16	Career Bridge	<i>Career and College Development</i>
17	Accepting a Financial Aid Package	<i>Financial Literacy</i>
18	Personal Networking	<i>Transition Skills</i>
19	Preparing for Student-Led Conferences I	<i>Ownership of Learning</i>
20	Preparing for Student-Led Conferences II	<i>Ownership of Learning</i>
21	Fulfilling Requirements in 12 th Grade	<i>Academic Eligibility</i>
22	Building a Strong Transcript in 12 th Grade	<i>Academic Eligibility</i>
23	Conducting the College Search in 12 th Grade	<i>Academic Eligibility</i>
24	Learning to Use Money in 12 th Grade	<i>Financial Literacy</i>
25	Investment and Insurance	<i>Financial Literacy</i>
26	How to Get Fired	<i>Career and College Development</i>
27	Refining Your Career Focus	<i>Career and College Development</i>
28	Research Employment Outlooks	<i>Career and College Development</i>
29	Moving On: Reflecting the Transition to College	<i>Transition Skills</i>
30	Personal Motivations, Assets and Character Traits	<i>Transition Skills</i>