School personnel often contact OSPI to request recommendations for DVDs and videos for use in providing sexual health education, including HIV prevention education.

We highly recommend that schools use DVDs, videos and other supplemental materials as part of a comprehensive prevention curriculum, rather than as stand-alone instruction. Opportunities for skill development are key to effective HIV prevention and other sexual risk reduction.

OSPI does not approve specific instructional materials for use by schools and districts, other than KNOW (http://www.k12.wa.us/HIVSexualHealth/KNOW.aspx), the HIV Prevention Curriculum developed by OSPI at the direction of the WA Legislature.

OSPI does review sexual health instructional materials for compliance with the Healthy Youth Act, as directed by the WA Legislature. A list of materials that have been reviewed by OSPI is available: http://www.k12.wa.us/CurriculumInstruct/InstructionalMaterialsReview.aspx.

Legislative Requirements: Districts adopting sexual health education materials or bringing in outside speakers should review, or submit to the Department of Health (DOH) for review, those materials/speakers for compliance with:

- State and federal civil rights and equity laws/policies: http://www.k12.wa.us/Equity/default.aspx.

All sexual health instructional materials, including HIV/AIDS prevention materials, must be:

- Medically and scientifically accurate.
- Age-appropriate.
- Appropriate for students regardless of gender, race, disability status, or sexual orientation.
- Include information about both abstinence and other methods of preventing unintended pregnancy and sexually transmitted diseases (i.e. cannot recommend or encourage one approach to the exclusion of the other).

Refer to legislation (see above) for additional requirements.

Curriculum Assessment: Several tools are available for district use to assess curricula and supplemental resources for compliance with guidelines and requirements. The Centers for Disease Control Sexual Health Education Curriculum Assessment Tool (SHECAT) and the Supplemental Materials Review form (http://www.k12.wa.us/HIVSexualHealth/HealthyYouthAct.aspx#tools) both have been determined to reflect state requirements. Materials can also be sent to DOH for medical/scientific accuracy review.

Student Learning Standards: New Health Education K-12 Student Learning Standards (2016) provide grade-level outcomes to assist districts in developing age-appropriate sexual health instruction that reflects best practice as determined by national and state experts and up-to-date research. Use of
these outcomes is not required. Districts in WA may choose whether or not to offer sexual health education and what instructional materials to use, as long as they comply with state law.

**KNOW Curriculum**: Use of KNOW is not required. Other HIV materials used must comply with AIDS Omnibus requirements. Three DVDs are suggested for use with the 2014 revised versions of KNOW. A fourth video is available, but has not yet been fully reviewed for compliance with state requirements:


- **Grade 5 KNOW**: “HIV and Me,” Redefine Positive, [http://www.redefinepositive.com/download.html](http://www.redefinepositive.com/download.html). Developed by the publisher to align with grade 5 KNOW. It has been reviewed by OSPI and DOH and meets the requirements for use in WA schools.

- **Grade 6 KNOW**: “Understanding HIV/AIDS: Understand the Facts, Fight the Stigma, Stay Safe,” Redefine Positive, [http://www.redefinepositive.com/download.html](http://www.redefinepositive.com/download.html). Developed by the publisher to align with grade 6 KNOW. It has been reviewed by DOH for medical accuracy and meets the requirements for use in WA schools when used with the “Discussion Guide.”


- **High School KNOW**: this version of the curriculum is out of date and not recommended for use until OSPI is able to update it. Districts may use any curriculum reviewed by DOH and/or CDC for medical accuracy and that complies with the AIDS Omnibus Act.

**FLASH**: Public Health of Seattle-King Co. provides the FLASH (Family Life and Sexual Health) curriculum on-line for a nominal fee (no charge for King Co. schools). This curriculum has been reviewed for compliance with state requirements ([www.etr.org/flash](http://www.etr.org/flash)). A number of DVDs and videos are recommended for use with the FLASH curriculum, and “Detailed Film Reviews” are provided for a number of resources:


**Centers for Disease Control and Prevention (CDC)**: Several videos have been developed by the CDC for use with adults. Some MAY be appropriate for use with high school students. It is recommended that teachers preview these (and other) resources before using and that they be used in the context of a comprehensive curriculum, and not as stand-alone instruction:


**Other Resources** (Note: OSPI does not endorse or recommend specific resources on these websites. They are provided for informational purposes only. Schools/districts are encouraged to review any materials before using with students.)

**AMAZE**, a collaboration of Advocates for Youth, Answer and Youth Tech Health, provides online videos and other resources for youth ages 10-14, teachers and parents. [http://amaze.org/about/](http://amaze.org/about/)

Advocates for Youth is a national organization that reviews sexual health education materials and provides other resources for professionals and parents. They publish a comprehensive listing of curricula and other resources, including the National Sexuality Education Standards: [http://advocatesforyouth.org/publications/publications-a-z/1939-learning-about-sex](http://advocatesforyouth.org/publications/publications-a-z/1939-learning-about-sex).